



## 22. Volks-Frauen und 11. Staffel-Triathlon (21.05.08)

### Ergebnisse - Volks-und Frauen-Triathlon

Platz	Nr.	Triathlet/in	JG	Verein	500m Schwimmen	24km Rad	5km Laufen	Gesamt	KLPL	AK
1	78	Jazbec, Tobi	81	Tri Speed Marienfeld	00:06:43	00:27:34	00:17:01	00:51:18	1	TM25
2	82	König, Martin	64	TV Friesen Telgte	00:07:07	00:25:26	00:19:20	00:51:53	1	TM40
3	58	Limberg, Tobias	79	LC Solbad Ravensberg	00:07:04	00:27:03	00:18:08	00:52:15	2	TM25
4	81	Nowak, Peter	76	MLP Burg Gretesch	00:08:07	00:27:03	00:18:00	00:53:10	1	TM30
5	1	Bröker, Benjamin	89	TSG 07 Burg Gretesch	00:07:37	00:28:05	00:17:30	00:53:12	1	TM20
6	54	Hüsemann, Matthias	77	TSG 07 Burg Gretesch	00:07:20	00:26:52	00:19:11	00:53:23	2	TM30
7	53	Meinert, Daniel	78	TSG 07 Burg Gretesch	00:06:55	00:26:26	00:21:08	00:54:29	3	TM30
8	89	Euscher, Andreas	62	LC Solbad Ravensberg	00:08:12	00:27:07	00:19:24	00:54:43	1	TM45
9	76	Uhlenbruch, Ralf	65	SC Altenrheine	00:08:12	00:29:08	00:18:46	00:56:06	2	TM40
10	48	Busch, Martin	78	KSV Baunatal	00:07:12	00:28:00	00:21:23	00:56:35	4	TM30
11	49	Meier, Timo	78	TriTeam TG Lage	00:09:11	00:28:10	00:20:20	00:57:41	5	TM30
12	55	Pelz, Andreas	74	TuS Neukölln Berlin	00:07:08	00:30:40	00:20:17	00:58:05	6	TM30
13	43	Osthus, Jens	72	TriSpeed Marienfeld	00:07:50	00:28:53	00:21:25	00:58:08	1	TM35
14	30	Terstesse, Christian	66	TSVE 1890 Bielefeld	00:07:57	00:29:05	00:21:09	00:58:11	3	TM40
15	85	Lackmann, Andreas	71	MLP Tri-Team	00:07:52	00:30:20	00:20:15	00:58:27	2	TM35
16	25	Reckermeier, Andreas	63	ESV Eintracht Hameln	00:08:47	00:28:10	00:21:32	00:58:29	2	TM45
17	35	Naumann, Carsten	68	TSG 07 Burg Gretesch	00:08:08	00:28:23	00:22:07	00:58:38	4	TM40
18	13	Nikulla, Ulrich	54	Tri Team TG Lage	00:09:08	00:28:54	00:21:25	00:59:27	1	TM50
19	18	Vollmer, Heinz	57	1.Tri-Club Paderborn	00:08:48	00:29:25	00:21:15	00:59:28	2	TM50
20	73	Grammer, Christine	82	Tri-Team Dissen	00:07:37	00:30:48	00:21:06	00:59:31	1	TW25
21	50	Scheuermann, Jan	75	Minden	00:07:18	00:30:45	00:21:43	00:59:46	7	TM30
22	41	Greiner, Frank	64	SC Aquarius Löhne	00:08:14	00:29:33	00:22:05	00:59:52	5	TM40
23	44	Anders, Maik	73	TSG 07 Burg Gretesch	00:08:05	00:29:40	00:22:11	00:59:56	3	TM35
24	31	Bittner, Thorsten	66	TSG 07 Burg Gretesch	00:10:13	00:28:09	00:22:11	01:00:33	6	TM40
25	39	Döpke, Reiner	64	LC Solbad Ravensberg	00:09:50	00:30:35	00:20:41	01:01:06	7	TM40
26	87	Bunte, Karsten	68	Tri-Team TG Lage	00:09:14	00:31:14	00:20:39	01:01:07	8	TM40
27	88	Diemerling, Christian	67	Tri-Team TG Lage	00:09:11	00:30:13	00:22:12	01:01:36	9	TM40



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28	47	Esselmann, Tim	78	LC Solbad Ravensberg	00:08:38	00:30:42	00:22:36	01:01:56	8	TM30
29	52	Kreutzer, Daniel	78	Osnabrück	00:06:45	00:33:20	00:22:10	01:02:15	9	TM30
30	38	Steuer, Holger	68	Laktatexpress	00:08:21	00:28:02	00:25:56	01:02:19	10	TM40
31	24	Popki, Harald	62	LC Solbad Ravensberg	00:08:57	00:30:22	00:23:02	01:02:21	3	TM45
32	40	Peters, Dirk	66	Bissendorf	00:09:18	00:30:24	00:22:43	01:02:25	11	TM40
33	32	Nentwich, Rolf	67	Lübbecker Berglöwen	00:08:40	00:32:40	00:21:16	01:02:36	12	TM40
34	28	Trimborn, Jürgen	59	TV 1848 Mönchengladb	00:10:22	00:30:53	00:21:23	01:02:38	4	TM45
35	75	Grewatta, Patricia	86	LG Hamm	00:08:35	00:34:35	00:21:00	01:04:10	1	TW20
36	16	Möckel, Peter	57	SuS Damme	00:09:42	00:32:01	00:23:08	01:04:51	3	TM50
37	27	Flessner, Jörg	60	Fortuna Logabirum	00:09:18	00:31:20	00:24:32	01:05:10	5	TM45
38	72	Fischer, Britta	80	Tri Team TuS Engter	00:10:07	00:32:26	00:23:11	01:05:44	2	TW25
39	66	Schedel, Julia	74	TSG 07 Burg Gretesch	00:08:58	00:33:30	00:23:18	01:05:46	1	TW30
40	83	Klitzke, Jürgen	51	TSVE 1890 Bielefeld	00:11:31	00:31:31	00:22:48	01:05:50	1	TM55
41	10	Lange, Udo	48	LC Solbad Ravensberg	00:09:32	00:31:38	00:25:12	01:06:22	1	TM60
42	79	Maßmann, Bernd	61	SC Mellle 03	00:08:37	00:33:33	00:24:30	01:06:40	6	TM45
43	51	Johannemann, Bernhard	75	Georgsmarienhütte	00:08:20	00:32:22	00:26:09	01:06:51	10	TM30
44	65	Schön, Sylvia	70	RC Endspurt Herford	00:10:06	00:33:44	00:23:53	01:07:43	1	TW35
45	23	Guttman, Manfred	59	TuS Glane	00:09:07	00:34:28	00:24:35	01:08:10	7	TM45
46	42	Herbordt, Lars	72	4 God TriTeam	00:12:35	00:32:53	00:22:42	01:08:10	4	TM35
47	21	Czerwinski, Martin	61	Crazy Runners Rietbe	00:10:39	00:32:55	00:25:17	01:08:51	8	TM45
48	74	Dippel, Yvonne	85	KSV Baunatal	00:10:08	00:35:22	00:23:47	01:09:17	2	TW20
49	80	Hüsemann, Sabine	79	MLP Burg Gretesch	00:09:36	00:35:39	00:24:18	01:09:33	3	TW25
50	86	Jung-Wüller, Theodor	64	Warendorfer SV	00:10:52	00:32:18	00:26:25	01:09:35	13	TM40
51	59	Eilers, Lars	79	Tri Team TuS Engter	00:09:58	00:32:16	00:27:21	01:09:35	3	TM25
52	70	Reckemeier, Rebecca	79	ESV Eintracht Hameln	00:11:03	00:33:00	00:26:18	01:10:21	4	TW25
53	5	Buhmeier, Marvin	90	TuS Lahde-Quetzen	00:10:50	00:35:01	00:24:33	01:10:24	1	TM18
54	29	Baumann, Carsten	63	TuS Blau-Weiß Lohne	00:10:20	00:35:07	00:25:14	01:10:41	9	TM45



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55	56	Yilmaz, Hasan	74	Blau-Weiß Lohne	00:09:13	00:33:06	00:28:31	01:10:50	11	TM30
56	69	Schnelle, Esther	76	Osnabrück	00:12:29	00:34:13	00:24:48	01:11:30	2	TW30
57	7	Lang, Tizian	91	Tri-Team Dissen	00:09:51	00:35:45	00:26:09	01:11:45	2	TM18
58	68	Freitag, Julia	77	LG Hamm	00:10:14	00:38:03	00:24:25	01:12:42	3	TW30
59	3	Freudenstein, Paul	89	Tri Team TuS Engter	00:10:27	00:37:00	00:25:15	01:12:42	2	TM20
60	84	Pülm, Stefan	77	TSG 07 Burg Gretesch	00:08:43	00:37:42	00:27:10	01:13:35	12	TM30
61	63	Flessner, Elke	64	Fortuna Logabirum	00:08:50	00:36:46	00:28:21	01:13:57	1	TW40
62	14	Jaekel, Uwe	55	Bielefeld	00:09:40	00:34:50	00:29:56	01:14:26	4	TM50
63	9	Hostmann, Dieter	46	Güterloh	00:09:46	00:36:39	00:28:58	01:15:23	2	TM60
64	67	Storm, Sylvia	74	SG-FA Herringhausen	00:12:28	00:37:37	00:27:07	01:17:12	4	TW30
65	8	Steinbock, Bernd	44	TuS Gildehaus	00:12:52	00:36:06	00:28:56	01:17:54	3	TM60
66	22	Ewers, Jochen	59	Crazy Runners Rietbe	00:12:11	00:39:00	00:26:51	01:18:02	10	TM45
67	60	Sünkel, Heike	60	Ebensfeld	00:09:06	00:39:45	00:30:28	01:19:19	1	TW45
68	77	Haustein, Jens	50	TCO Oldenburg	00:09:55	00:41:17	00:29:49	01:21:01	2	TM55
69	11	Czysch, Peter P.	44	Münster	00:14:04	00:40:19	00:28:38	01:23:01	4	TM60