



21. Internationaler Teutoburger Wald-Triathlon (06.09.09)

Ergebnisse - Kurztriathlon

Platz	AK	Nr.	Triathlet/in	Verein/Ort	Gesamt	1km Schwimmen + Wechsel	38km Rad	Wechsel II + 10km Laufen
1	TM25	1 51	Wilms, Lukas	LC Solbad Ravensberg	01:52:51	00:17:00	00:57:20	00:38:31
2	TM20	1 52	Bröcker, Benjamin	TSG 07 Burg Gretesch	01:57:36	00:15:56	01:01:56	00:39:44
3	TM45	1 55	Dirker, Frank	TVE Greven Triathlon	01:58:15	00:16:13	01:01:49	00:40:13
4	TM30	1 46	Henze, Nico	ESV Tri-Team	02:00:32	00:14:45	01:02:30	00:43:17
5	TM30	2 44	Böhmman, Andreas	ESV Tri-Team	02:00:46	00:17:08	01:03:34	00:40:04
6	TM50	1 20	Richers, Olaf	Hannover 96	02:00:48	00:17:10	01:03:53	00:39:45
7	TM55	1 17	Stall, Lothar	TSG 07 Burg Gretesch	02:01:00	00:15:01	01:03:13	00:42:46
8	TM35	1 38	Bokern, Markus	TSG 07 Burg Gretesch	02:03:17	00:17:30	01:05:03	00:40:44
9	TM40	1 33	Steuer, Holger	LC Solbad Ravensberg	02:05:43	00:17:20	01:01:45	00:46:38
10	TM25	2 50	Limers, Tim	ExpressSouplesse	02:06:11	00:19:12	01:05:14	00:41:45
11	TM40	2 31	Naumann, Carsten	TSG 07 Burg Gretesch	02:06:41	00:18:08	01:02:22	00:46:11
12	TM50	2 21	Stock, Volker	SUS Darne	02:07:00	00:19:30	01:05:38	00:41:52
13	TM20	2 53	Pancratz, Johannes	ESV Tri-Team	02:08:23	00:18:30	01:06:07	00:43:46
14	TM30	3 45	Esselmann, Tim-Felix	LC Solbad Ravensberg	02:09:04	00:17:25	01:04:55	00:46:44
15	TM35	2 40	Mielke, Steffen	LC Solbad Ravensberg	02:09:59	00:17:50	01:04:38	00:47:31
16	TM35	1 41	Speller, Oliver	TSG 07 Burg Gretesch	02:10:32	00:16:15	01:07:48	00:46:29
17	TM40	3 25	Bittner, Thorsten	TSG 07 Burg Gretesch	02:11:36	00:19:55	01:06:23	00:45:18
18	TM45	2 54	Behr, Thorsten	Hamm	02:13:09	00:17:36	01:10:14	00:45:19
19	TM45	3 23	Ruczynski, Jürgen	TSG 07 Burg Gretesch	02:15:03	00:18:40	01:12:03	00:44:20
20	TM35	3 37	Bock, Stephan	TSVE 1890 Bielefeld	02:15:33	00:20:45	01:10:47	00:44:01
21	TW45	1 3	Cordes, Ulla	TV Fredenburg	02:15:51	00:22:00	01:08:01	00:45:50
22	TM35	4 39	Kneifel, Axel	ESC Tri-Team	02:17:38	00:19:21	01:09:23	00:48:54
23	TM40	4 28	Geise, Hans-Georg	SC Melle 03	02:19:19	00:18:54	01:10:58	00:49:27
24	TM35	5 42	Sieker, Thomas	TSG 07 Burg Gretesch	02:20:08	00:19:22	01:13:34	00:47:12
25	TM40	5 26	Ernst, Jens-Oliver	TSG 07 Burg Gretesch	02:20:13	00:20:00	01:12:03	00:48:10
26	TM45	4 24	Schugart, Andreas	BSG Schüco	02:21:17	00:21:30	01:08:02	00:51:45
27	TM60	1 14	Lange, Udo	LC Solbad Ravensberg	02:23:04	00:19:07	01:13:07	00:50:50
28	TW40	1 32	Peschke, Marlies	TSG 07 Burg Gretesch	02:23:58	00:23:40	01:11:44	00:48:34

**21. Internationaler Teutoburger Wald-Triathlon (06.09.09)***Ergebnisse - Kurztriathlon*

Platz	AK	Nr.	Triathlet/in	Verein/Ort	Gesamt	1km Schwimmen + Wechsel	38km Rad	Wechsel II + 10km Laufen
29	TM50	3 19	Hornung, Matthias	TSG 07 Burg Gretesch	02:24:58	00:22:32	01:11:51	00:50:35
30	TW50	1 2	Weith, Beate	TSG 07 Burg Gretesch	02:25:03	00:22:30	01:12:06	00:50:27
31	TM35	6 43	Stelmecke, Markus	SC Melle 03	02:25:07	00:22:12	01:11:59	00:50:56
32	TM55	2 16	Hessing, Frank	TSV Bokeloh	02:25:14	00:24:20	01:10:42	00:50:12
33	TM40	6 27	Fischer, Markus	TC Munte Bremen	02:28:38	00:21:26	01:06:51	01:00:21
34	TM35	7 35	Baggeroer, Christian	DumdiDum	02:28:46	00:18:15	01:19:30	00:51:01
35	TW25	1 11	Anders, Barbara	TSG 07 Burg Gretesch	02:29:22	00:18:05	01:18:57	00:52:20
36	TW35	1 9	Sprenger-Becker, Juli	TUS Alemannia Rösenb	02:31:37	00:20:30	01:15:45	00:55:22
37	TWJUN	1 1	Huhn, Carina	Tri-Geckos Dortmund	02:33:00	00:21:44	01:17:49	00:53:27
38	TW40	2 7	Ruczynski, Bettina	TSG 07 Burg Gretesch	02:34:48	00:19:20	01:20:05	00:55:23
39	TM45	5 22	Bruns-Coppenrath, Jür.	WMS Treuhand	02:37:45	00:21:52	01:18:51	00:57:02
40	TW40	3 6	Hirschmann-Syassen, K.	TSG 07 Burg Gretesch	02:41:23	00:22:52	01:22:28	00:56:03
41	TM30	4 49	Tryba, Stefan	DumdiDum	02:43:18	00:23:38	01:23:25	00:56:15
42	TW40	4 5	Hilbers, Petra	TG DDD Hannover	02:47:34	00:22:44	01:25:42	00:59:08