



21. Internationaler Teutoburger Wald-Triathlon (06.09.09)

Ergebnisse - Volkstriathlon

Platz	AK	Nr.	Triathlet/in	Verein/Ort	Gesamt	500m Schwimmen + Wechsel	21km Rad	Wechsel II + 5km Laufen
1	TM30	1 178	Jendretzki, Gero	TSG 07 Brug Gretesch	01:01:14	00:07:30	00:34:00	00:19:44
2	TM18	1 167	Tigges, Sebastian	Tri-Sport-Team Verl	01:04:16	00:07:39	00:35:54	00:20:43
3	TM18	2 114	Hegenbarth, Amadeus	Schinderjupp'sLaktat	01:08:45	00:08:30	00:37:41	00:22:34
4	TW35	1 107	Seitel, Sylvia	SC Melle 03	01:08:52	00:09:10	00:37:18	00:22:24
5	TM40	1 132	Göbel, Sven	Team Weinberger Bode	01:09:38	00:09:20	00:37:30	00:22:48
6	TM40	2 137	Peters, Dirk	Retro Club Gambergen	01:09:42	00:08:35	00:39:07	00:22:00
7	TM30	2 153	Leppersjohann, Frank	LC Solbad Ravensberg	01:10:06	00:08:43	00:38:19	00:23:04
8	TM25	1 159	Meister, Till	RC Endspurt Herford	01:10:21	00:11:12	00:36:54	00:22:15
9	TM35	1 170	Zielinski, Martin	Bielefeld	01:10:39	00:08:23	00:39:05	00:23:11
10	TM40	3 129	Beckhoff, Reinhard	Verl	01:10:52	00:10:22	00:37:15	00:23:15
11	TM40	4 130	Davids, Erik	TSVE 1890 Bielefeld	01:11:00	00:09:16	00:38:45	00:22:59
12	TM30	3 155	Melnik, Sebastian	Berufsfeuerwehr Hamm	01:11:31	00:09:18	00:40:11	00:22:02
13	TM35	2 175	Burchard, Alexander	Stuhr	01:12:13	00:08:24	00:39:30	00:24:19
14	TM55	1 117	Nott, Hans-Dieter	LG Hamm	01:12:53	00:09:30	00:39:55	00:23:28
15	TM45	1 176	Welslah, Johannes	TSG 07 Burg Gretesch	01:13:16	00:10:24	00:37:16	00:25:36
16	TM20	1 164	Zudrop, Tim	Die faulen Socken	01:13:45	00:10:56	00:39:51	00:22:58
17	TM35	3 150	Schoster, Carsten	SC Melle 03	01:13:58	00:11:53	00:41:27	00:20:38
18	TM25	2 160	Neudorf, Andreas	LC Solbad Ravensberg	01:14:16	00:08:25	00:40:15	00:25:36
19	TM50	1 120	Rosenkötter, Volker	SC Melle 03	01:14:33	00:10:45	00:38:23	00:25:25
20	TW25	1 112	Bitter, Clara	Team Erdinger Alkoho	01:15:04	00:08:05	00:41:35	00:25:24
21	TW25	2 172	König, Gesa	1.TCO Die Bären	01:15:48	00:07:50	00:43:05	00:24:53
22	TM35	4 144	Heitmann, Stefan	SC Füchtorf	01:16:04	00:10:10	00:41:40	00:24:14
23	TM20	2 162	Kedziora, Dennis	VFR Voxtrup	01:16:21	00:09:22	00:42:03	00:24:56
24	TM35	5 141	Eichstädt, Oliver	Berufsfeuerwehr Güte	01:17:27	00:10:59	00:40:58	00:25:30
25	TM25	3 158	Hagenbrink, Andre	SPVG Versmold	01:17:55	00:09:22	00:41:10	00:27:23
26	TM35	6 146	Kaltmeier, Olaf	Münster	01:17:56	00:10:50	00:42:34	00:24:32
27	TM65	1 165	Böwer, Rolf	BW Sinninghausen	01:18:13	00:12:10	00:39:59	00:26:04



21. Internationaler Teutoburger Wald-Triathlon (06.09.09)

Ergebnisse - Volkstriathlon

Platz	AK	Nr.	Triathlet/in	Verein/Ort	Gesamt	500m Schwimmen + Wechsel	21km Rad	Wechsel II + 5km Laufen
28	TM35	7 147	Kremer, Martin	Berufsfeuerwehr Hamm	01:18:17	00:11:56	00:41:19	00:25:02
29	TM45	2 127	Steenken, Detlev	Osnabrück	01:18:47	00:10:30	00:41:07	00:27:10
30	TM45	3 124	Hartmann, Thorald	DLRG HSW	01:19:08	00:10:45	00:41:59	00:26:24
31	TM25	4 171	Brockauf, Dennis	Ostercappeln	01:19:16	00:10:00	00:42:58	00:26:18
32	TM50	2 119	Elsner, Wolfgang	VfB Fallersleben	01:19:18	00:12:08	00:43:09	00:24:01
33	TM45	4 128	Van Westen, Andreas	1.Tri-Team Gütersloh	01:20:11	00:11:55	00:42:31	00:25:45
34	TM45	5 122	Fischer, Jochen	Berufsfeuerwehr Hamm	01:20:59	00:10:20	00:41:02	00:29:37
35	TM40	5 134	Kicker, Klaus	TV Bissendorf-Holte	01:21:18	00:12:38	00:43:42	00:24:58
36	TM35	8 149	Scholler, Frank	Osnabrück	01:21:18	00:11:53	00:42:40	00:26:45
37	TM40	6 169	Stroscher, Mario	SVO	01:21:24	00:11:48	00:44:41	00:24:55
38	TM40	7 135	Meermann, Thomas	Sassenberg	01:22:40	00:11:54	00:43:53	00:26:53
39	TW35	2 173	Van der Putten, Kerst	Everswinkel	01:22:56	00:10:40	00:46:15	00:26:01
40	TW35	3 104	Hunke, Tanja	Verl	01:23:01	00:09:55	00:45:14	00:27:52
41	TM20	3 163	Zarth, Marten	Osnabrück	01:23:54	00:11:50	00:45:05	00:26:59
42	TM30	4 156	Nuhn, Jörg	KSV Hamm-Werries	01:24:11	00:10:35	00:45:21	00:28:15
43	TM45	6 123	Hamels, Markus	Freiw. Feuerwehr GT	01:24:41	00:09:50	00:44:20	00:30:31
44	TM65	2 115	Steinbock, Bernd	TuS Gildehaus	01:25:01	00:13:20	00:42:16	00:29:25
45	TM40	8 133	Hattwig, Michael	Berufsfeuerwehr Hamm	01:26:02	00:11:18	00:45:23	00:29:21
46	TM50	3 177	Görlitz, Kalli	Wadersloh	01:27:07	00:11:55	00:44:18	00:30:54
47	TW35	4 105	Kursch, Martina	Senden	01:27:18	00:10:46	00:45:26	00:31:06
48	TW35	5 174	Hurrelbrink, Heike	Stuhr	01:27:59	00:10:01	00:47:02	00:30:56
49	TM35	9 142	Finke, Matthias	Maasen	01:28:55	00:11:52	00:47:30	00:29:33
50	TM40	9 168	Raabe, Günter	Bad Laer	01:29:24	00:12:25	00:44:25	00:32:34
51	TW45	1 103	Altgeld, Myriam	TriSpeed Marienfeld	01:29:48	00:12:50	00:48:28	00:28:30
52	TM60	1 116	Mesterheide, Erwin	Preußisch Oldendorf	01:30:37	00:16:50	00:45:38	00:28:09
53	TM45	7 126	Sprick, Jochen	Buxtehude	01:32:00	00:11:35	00:47:05	00:33:20
54	TW30	1 110	Kneifel, Veronika	ESV Tri-Team	01:32:04	00:11:35	00:47:38	00:32:51
55	TW50	1 102	Manzoni, Anne-Marie	B VW N	01:33:04	00:14:10	00:49:05	00:29:49

**21. Internationaler Teutoburger Wald-Triathlon (06.09.09)***Ergebnisse - Volkstriathlon*

Platz	AK	Nr.	Triathlet/in	Verein/Ort	Gesamt	500m Schwimmen + Wechsel	21km Rad	Wechsel II + 5km Laufen
56	TM30	5 154	Lewin, Sergej	Osnabrück	01:39:41	00:13:44	00:51:12	00:34:45
57	TM30	6 157	Pikulik, Carsten	Lübeck	01:43:21	00:18:18	00:52:58	00:32:05
58	TW30	2 109	Gebauer, Maria	Berufsfeuerwehr Hamm	01:45:14	00:12:45	00:51:46	00:40:43
59	TW65	1 101	Huisman, Marion	Bad Rothenfelde	01:48:09	00:13:10	00:55:20	00:39:39
60	TW55	1 166	Wallentin, Karin	ESV Tri-Team Edewech	01:49:17	00:14:55	00:58:53	00:35:29
61	TW40	1 138	Saldarriaga, Sylvia	Münster	01:50:22	00:13:05	01:03:12	00:34:05
62	TM45	8 125	Meyer, Cord	Maasen	01:52:38	00:13:55	00:57:55	00:40:48
63	TW35	6 108	Tschierschke, Daniela	Verl	01:54:48	00:14:30	00:57:14	00:43:04